

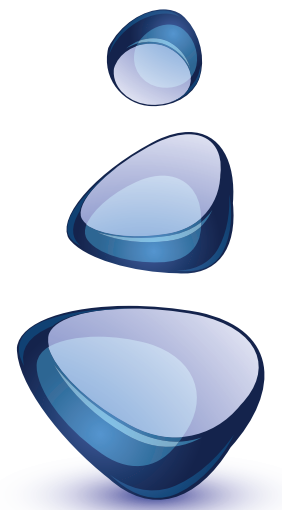
Functionality of Basic 3

- Ignites wisdom, inner potentials and creativity
- Attains clarity of mind, objectivity, resilience and other vital qualities crucial for effective decision-making and problem solving
- Increases productivity as well as improving quality in performance
- Reduce risks from developing hereditary sicknesses
- Relieves pressure from chest
- Increases stamina
- Performs cell-revitalisation and improves complexion
- Anti-aging

「空」之功效：

- 激發智慧、內在潛能及創意
- 保持頭腦清晰、客觀、靈活性等，以達致有效率之決策制定及解決問題
- 促進生產力及改善工作表現
- 減低引發遺傳疾病風險
- 舒緩胸口鬱悶
- 提升體力，保持精力充沛
- 活化細胞、改善膚色
- 延緩衰老

3



C
Thymus
about 3 inches
(75mm) below the
collar bones,
lateral
to the armpits.
胸腺
鎖骨對下約3吋(75mm)，
與腋窩以水平平排



d

C2,
The 2nd cervical
vertebrae of spine,
located at the nape
of the neck.
Please avoid
contact with hair
while applying.

頸椎骨C2
第2節頸椎骨，頸後
髮腳下沿處
(避免黏貼頭髮)



πX

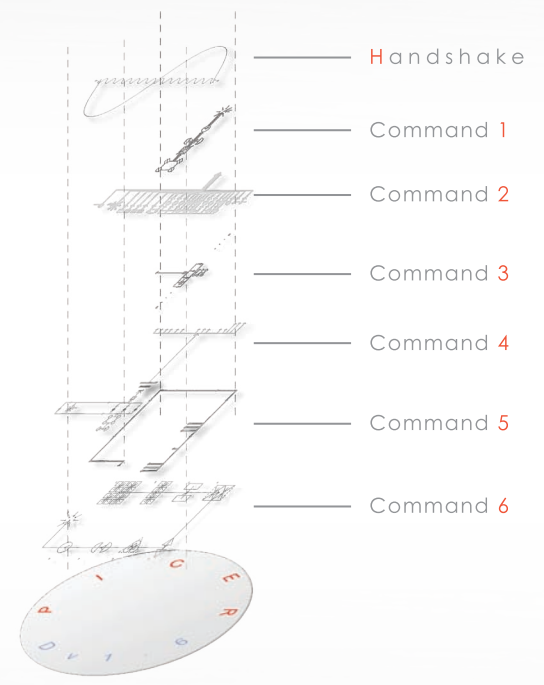
Bobby Point,
Mid Point between C2 & Sacrum. Approx. at the T7 vertebrae.
頸椎骨C2與股溝對上之中間，大約位於脊椎第七節



Total 3 PCCM™ used:
共使用3枚PCCM™:

c, d & πx

The Anatomy of PCCM™



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X

T1
The 1st thoracic vertebrae of spine; where the rear neck meets the shoulder, at the most protruding bone when neck is bent forward. Please apply when head resumes upright position.

胸椎第 1 節，位於後頸及肩膀交界。當頭部往下垂時，便可找到最凸出之胸椎骨T1（貼時請先把頭回復水平）

色

X

Sacrum
Flat bone right above the cleft between buttocks. Please maintain flatness of PCCM™ and avoid folding, apply while seated.

股溝對上
股溝盡頭對上之平坦位置（請保持PCCM™平坦，避免彎曲）



X

Chin
Horizontal and innermost verge of chin, tangent to neck. Maintain flatness of PCCM™ and avoid folding.

下巴盡頭
下巴盡頭與頸部轉彎位前之水平位（請保持PCCM™平坦，避免彎曲）



6

Total 6 PCCM™ used must be used in conjunction with Basic 3

共使用6枚PCCM™
必須配合「空」使用

Functionality of Basic 6
(In addition to functionality of Basic 3)

- Attains vigilance, efficient analytical processing skills crucial for achieving high standards and precision at work
- Achieves effortless productivity
- Improves interpersonal relationships at work
- Creates new business opportunities and positive working prospects
- Improves physical appearance and increases popularity
- Renders emotional state of being light-hearted, poised and relaxed
- Achieves balance between work, rest and play; enjoys life to its fullest
- Lowers risks of developing severe hereditary ailments and improves on hereditary conditions
- Reduces acidity level in organs and minimises risk of development of ulcers

除「空」之功效外，「色」更具有下列功效：

- 提高警覺度、高效分析力，以達到高水準及高準確度工作
- 輕鬆自在地達致高生產力
- 改善工作上人際關係
- 創造商機、正面工作前景
- 改善外觀及增加受歡迎程度
- 達到無憂無慮、輕鬆自若的精神狀態
- 在工作、休息、享樂間取得平衡；盡情享受生命
- 減低引發嚴重的遺傳疾病機會；改善家族遺傳狀況
- 改善酸性體質及減低引發潰瘍風險

3

|

6



B A S I C S