

# set one

X at underarms and between eyebrows -  
(points 1, 2 and 3)

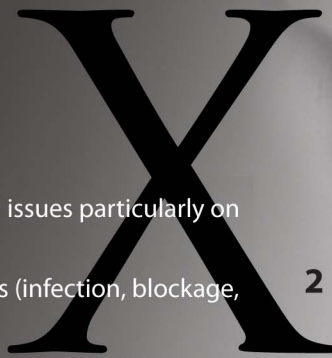
works on persistent auto-immune related issues particularly on  
skin problems (rash and allergies)

helps resolve eyes and sinus related issues (infection, blockage,  
discomforts, etc)

relieves bone joints stiffness or swollen joints (chronic bone  
joints problems)

enhance workings of kidneys function and adrenalin levels  
(related to persistent tiredness)

helps relieve repetitious urinary area infection problems



1

2

3

4



# set two

X at underarms and thymus -  
(points 2, 3 and 4)

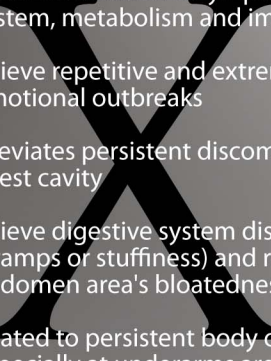
enhance function of lymphatic  
system, metabolism and immunity

relieve repetitive and extreme  
emotional outbreaks

alleviates persistent discomforts at  
chest cavity

relieve digestive system discomfort  
(cramps or stuffiness) and reduce  
abdomen area's bloatedness

related to persistent body odor  
especially at underarms area



5



6



# set three

X at chin, xiphoid and pubic bone -  
(points 5, 6 and 7)

helps repair and maintain well  
being of sexual organs

helps resolve emotional and  
verbal conflicts between couples

relieves legs fatigue and tension  
at knees and ankles

builds a more healthy and  
constructive bonding in a  
relationship



7



Note: There are 3 individual sets in the X Configurations. The [X] PCCM™ is used in all the  
X-sets. Any set can be used in conjunction with each other in achieving the desired result

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